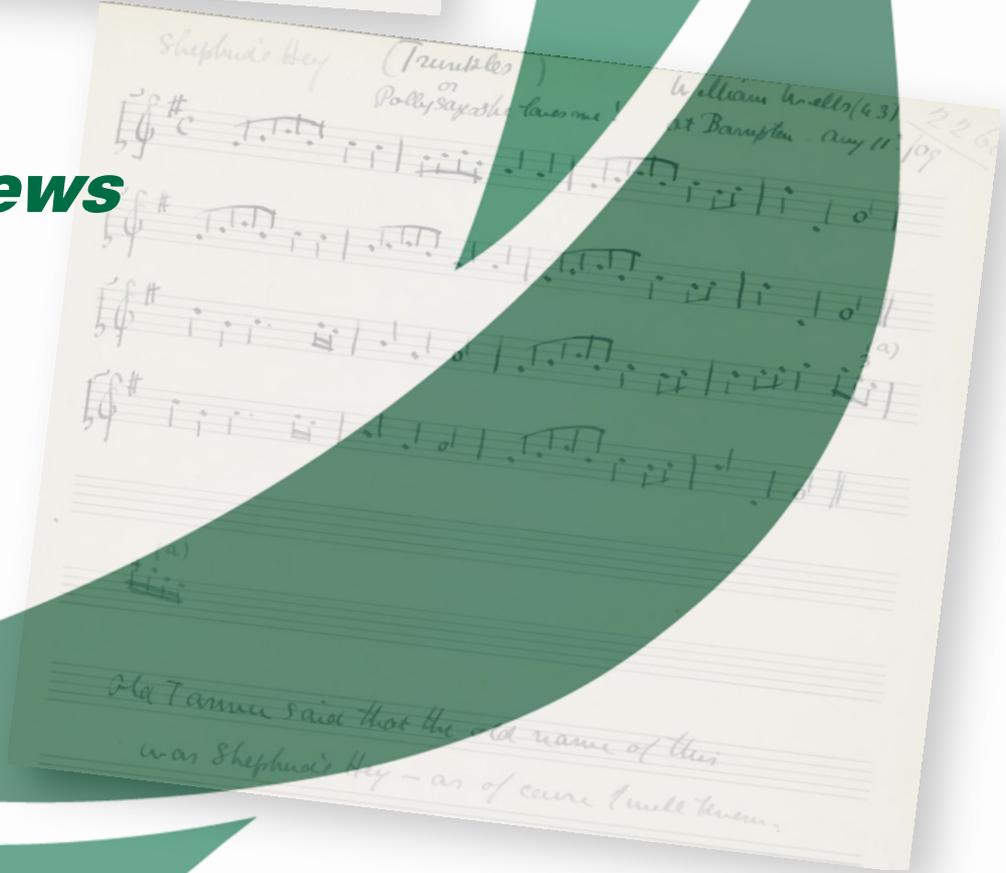




# Three Folk Tunes for secondary schools

**By Oli Matthews**





## ***The Full English***

The Full English was a unique nationwide project unlocking hidden treasures of England's cultural heritage by making over 58,000 original source documents from 12 major folk collectors available to the world via a ground-breaking nationwide digital archive and learning project. The project was led by the English Folk Dance and Song Society (EFDSS), funded by the Heritage Lottery Fund and in partnership with other cultural partners across England.

The Full English digital archive ([www.vwml.org](http://www.vwml.org)) continues to provide access to thousands of records detailing traditional folk songs, music, dances, customs and traditions that were collected from across the country. Some of these are known widely, others have lain dormant in notebooks and files within archives for decades.

The Full English learning programme worked across the country in 19 different schools including primary, secondary and special educational needs settings. It also worked with a range of cultural partners across England, organising community, family and adult learning events.

**Supported by the National Lottery through the Heritage Lottery Fund, the National Folk Music Fund and The Folklore Society.**



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## Introduction to pack

The material in this pack was collated for The Full English schools projects that Oli Matthews was involved in at Horizon Community Academy, Barnsley and Stantonbury Campus, Milton Keynes. These projects worked with students at Key Stages 3 and 4 (11-15years), and aimed to use folk music to increase confidence and skills regarding composition, improvisation, arranging and performance skills.

The projects also emphasised the important relationship between folk music and dance. The 3 tunes presented here: *Shepherd's Hey*, *Curly Headed Ploughboy* and *Speed the Plough* are all used for dances. In both schools, we worked with dance students too, and encouraged musicians and dancers to work together to see how live music and dance can, and do, respond to each other and produce something greater than the sum of its parts.

All the tunes can be found in **The Full English digital archive** ([www.vwml.org](http://www.vwml.org)). Sometimes there are different versions of one tune as they were collected from different players across the country, at different times, by different collectors. The links to the relevant items in the digital archive are provided throughout.

In the school projects additional versions of the tunes were used with students (see *Shepherds Hey* in *Gmaj* p9 and *Amin* p10). These present a standard version of the tune followed by a simplified version of the tune to enable inclusive use of the material with mixed ability students.

All the tunes provided here have been recorded to accompany this pack, and can be downloaded for free from: [www.efdss.org/resourcebank](http://www.efdss.org/resourcebank)

# Warm Ups: Body Percussion

Video demonstrations of these warm ups are available for free download at:  
[www.efdss.org/resourcebank](http://www.efdss.org/resourcebank)

## 1. Action Round

Section A – Knee's Clap Click Shh  
Knee's Clap Click Shh  
Knee's Clap Click Clap  
Knee's Clap Click Shh

Section B – Knee's Clap Clap Clap, Clap Clap (take it ve-ry stea-dy)  
Knee's Clap Clap Clap, Clap Clap (take it ve-ry stea-dy)  
Knee's Clap Clap, Knee's Clap Clap (lit-tle clap's lit-tle clap's)  
Knee's Clap Click Shh

Section C – Clap Knee Knee Clap Knee Knee  
Clap Knee Knee, Clap, Click, Shh  
Clap Knee Knee Clap Knee Knee  
Clap Knee Knee, Clap, Click, Shh

- Format – ABCA
- Use in a round or any parts fit together as they're all the same length.

## 2. Stamp Stamp Clap

Stamp Stamp Clap

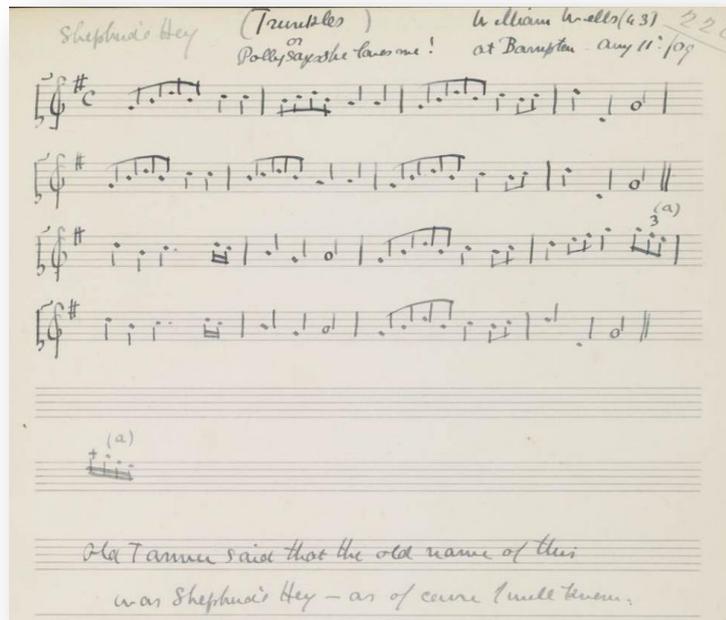
Knee Knee Knee Knee Stamp Clap

Knee Knee Stamp Stamp Clap

Shoulder Pull Stamp Clap

- Format - x 4 end Clap include a "Yerr!"
- Also works in a round, beginning after each line

# Tune 1: Shepherds Hey



## Trunkels or Polly Says She Loves Me (Shepherd's Hey)

Collected from William Wells by Cecil Sharp, 11 Aug 1909, Bampton, Oxfordshire  
[www.vwml.org/record/CJS2/10/2260](http://www.vwml.org/record/CJS2/10/2260)

Traditional

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There are lots of versions of this tune known to folk musicians. Three different examples from The Full English digital archive are provided (one on previous page, two on the next page). A standard and a simplified version of the tune are also provided to be used with students at their relevant skill level. You can use the examples to aid composition and arranging skills.

### **Activities**

- a) Play the standard/simplified tune
- b) Look at the other versions and note the differences
- c) Play the tune again, and concentrate on the call and answer phrases within the tune. You can divide the group, or individual players, to play the piece together using different phrases.
- d) A minor key version of the tune is also provided (with standard and simplified versions) to enable students to explore the difference in character.
- e) Variations are a fundamental ingredient in the folk process. This requires the musicians to improvise and introduce different ideas. E.g. triplets can be introduced... Encourage students to play the tune through and challenge them to change something each time
- f) Create a riff to accompany the melody

## Shepherd's Hey (Oxford)

Collected from Charles A Bunyan by Cecil Sharp, 16 March 1912, Oxford  
[www.vwml.org/record/CJS2/10/2753](http://www.vwml.org/record/CJS2/10/2753)

Traditional



## Shepherd's Hey (Adderbury)

Collected from William Walton by Janet Blunt, 1 June 1916, Adderbury  
[www.vwml.org/record/JHB/17B/8](http://www.vwml.org/record/JHB/17B/8)

Traditional



Shep- herds Hey, Clo - vers too. Rye - grass seeds and\_\_ turn - nips too!



Shep- herds Hey, Clo - vers too. Rye - grass seeds and\_\_ turn - nips too!

## Shepherds Hey in G major

Trad. arr. Oli Matthews

### Standard Tune

### Simplified Tune

## Shepherds Hey in A minor

Trad. arr. Oli Matthews

### Standard Tune

### Simplified Tune

## Tune 2: Speed the Plough

Similar exercises can be applied to this tune based on the previous example. It is a very well known tune, and often played in folk sessions in pubs and festivals across the country.



### Speed the Plough

Collected from John Locke by Cecil Sharp, 27 Dec 1909, Leominster, Herefordshire  
[www.vwml.org/record/CJS2/10/2417](http://www.vwml.org/record/CJS2/10/2417)

Traditional



## Speed the Plough

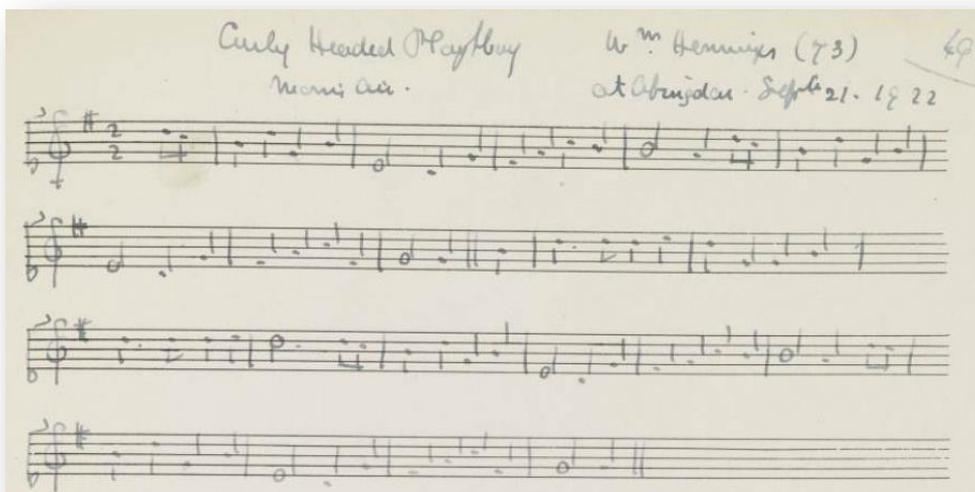
Trad. arr. Oli Matthews

### Standard Tune

### Simplified Tune

## Tune 3: Curly Headed Ploughboy

Similar exercises can be applied to this tune based on the previous examples. Again, it is a very well known tune, and often played in folk sessions in pubs and festivals across the country.



### Curly Headed Ploughboy - Morris Air

Collected from William Hemming, by Cecil Sharp, 21 Sept 1922, Abingdon, Oxfordshire  
[www.vwml.org/record/CJS2/10/2463](http://www.vwml.org/record/CJS2/10/2463)



## Curly Headed Ploughboy

### Standard Tune

Trad. arr Oli Matthews



### Simplified Tune



The Full English: [www.vwml.org](http://www.vwml.org)  
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## Oli Matthews

Oli Matthews is a freelance Musician, Composer and Music and Dance Workshop Leader based in the East Midlands. He trained in Classical, Jazz and Folk music and so he works in many different styles.

The range of workshops Oli delivers are quite diverse, from African Drumming and Samba Workshops to Morris Dancing and Ceilidh Dancing with collaborative Contemporary Dance elements.

Oli also performs mainly on the Folk and Jazz scene, playing at many festivals in the U.K. and across the world, with Ceilidh bands and Concert ensembles playing a range of instruments such as Saxophones, Clarinet, Melodeon, Cajon and Whistles.

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*Photo: Roswitha Chesher*



***Explore The Full English digital archive***

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